



PRACTICE POLICY

ReGen Athletic Medicine is an athletic injury management practice that provides athletic training services by Certified Athletic Trainers. Certified Athletic Trainers (ATCs) are health care professionals who provide prevention, evaluation, therapeutic intervention, and rehabilitation for athletic injuries and other medical conditions.

WHO DO WE TREAT?

ReGen Athletic Medicine treats any individual participating in fitness training and conditioning, sports, or other competitions, practices or activities requiring physical strength, agility, flexibility, range of motion, speed or stamina.

WHAT DO WE TREAT?

We treat acute, subacute, or chronic neuromusculoskeletal conditions as well as other injuries such as concussions. Additionally, ReGen Athletic Medicine provides injury prevention services as well as end-stage performance rehab, which can be essential after completion of a formal therapy program.

HOW DO WE TREAT?

To determine and develop an appropriate course of rehabilitation or reconditioning, we perform physical evaluations which may include: strength and range of motion testing, movement screens and movement assessments.

To facilitate recovery and restore function or performance, we may implement therapeutic modalities, including but not limited to: water, cold, heat, electrical, mechanical and acoustical devices, massage, manual techniques, gait training exercise, and therapeutic exercise.

In some cases, treatments are intended to manage the inflammatory process and promote tissue healing. Some treatment techniques may result in: residual soreness, discomfort, or other sensations on or around the treatment site and/or visual reactions including but not limited to redness or bruising.

To determine the level of functional capacity for safe sport or activity participation, we may perform functional or performance testing related to your injury and sport/activity.

REFERRAL AND COLLABORATION:

ReGen Athletic Medicine is dedicated to the safety, well-being, and full recovery of its clients. Certified Athletic Trainers work in collaboration with physicians, other health care professionals and performance specialists to improve functional outcomes and prevent injury and re-injury. ReGen Athletic Medicine may collaborate with, correspond with or refer its clients to another medical provider if deemed appropriate or necessary.

Before taking part in any physical activity, ReGen Athletic Medicine recommends all clients consult their physician.